

Meet an ALA Member

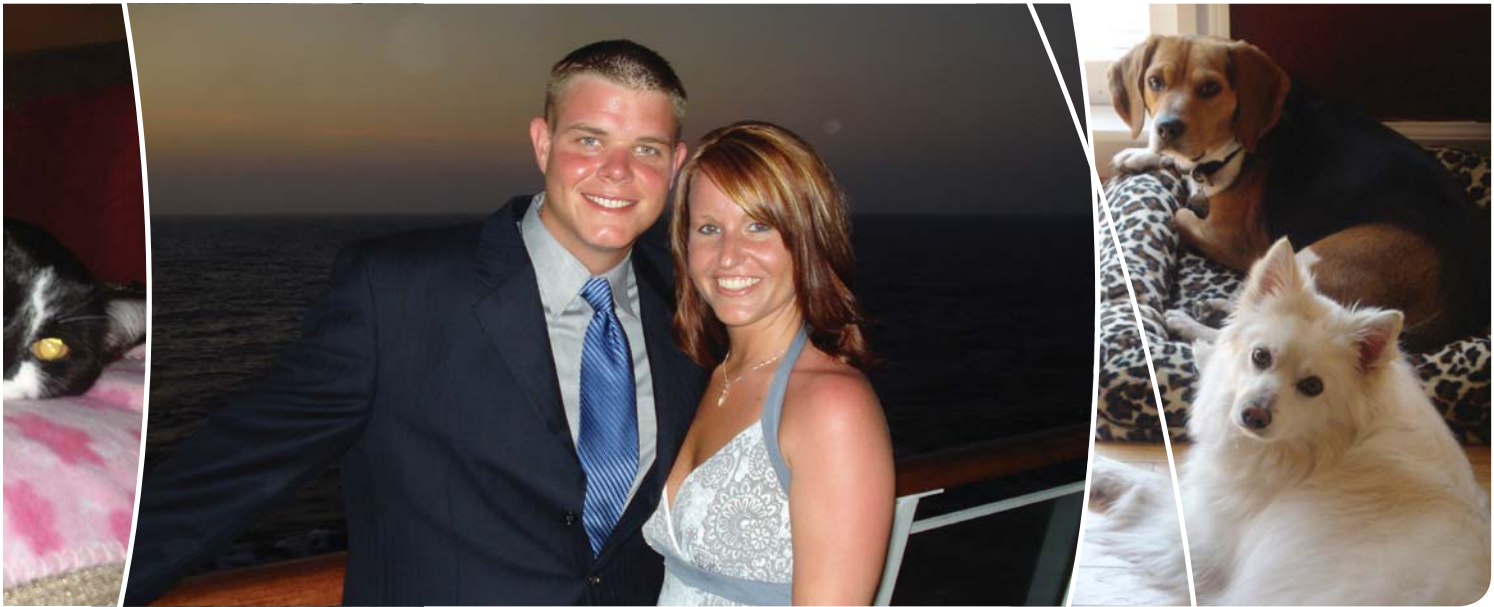
I was born and raised in Indiana and absolutely love it here. I received my bachelor's degree in *political science*, with a minor in legal studies, from *Indiana University* in 2003. Together with Luke, my long-term companion, I am experiencing the joys and trials of being a *first-time homeowner*.



ABIGAIL MARTIN
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The members of the Indiana Chapter may be part of the most inviting and helpful group in ALA. Recently I received a scholarship that I used to attend the ALA Annual Conference & Exposition in Boston. The Indiana Chapter members made sure I felt welcomed and always knew where I was supposed to be and what I was I supposed to be doing. The experience and knowledge they have to offer are priceless. I experienced the same thing with every other ALA member I met during the Annual Conference as well. I'm proud to be a member of an organization that has so much to offer.

A simple exercise boot camp and step challenge launched the new "wellness program" at my law firm, *Betz & Associates*. By the early part of this year, everyone in the firm had started to exercise and changed certain lifestyle and eating habits. We even replaced the chocolate in our candy jar with a fruit basket in the break room. It's amazing the changes we can make to our lifestyles and our health when we encourage and support each other. It's also a way for individuals in a small firm like ours to bond around goals we can share.



When I'm not in the office, I love to spend time with my family, which includes my two nephews, whom I adore. I love to read, but don't make it through as many books as I'd like. I'm a sitcom and movie fanatic, and I've recently developed slight addictions to my iPhone and my Twitter account. I enjoy traveling when I can, and cruises are my favorite way to experience new places.

My absolute favorite time of the day is between the hours of 5:00 and 7:00 a.m. I find it so relaxing to be up before everyone else is out and about. I also really enjoy cooking as a stress reliever, and I love to take Layla and PJ, my beagle and miniature American Eskimo, on walks. The joy they get out of something so simple is contagious! All those who know me understand that my animals are like family and are quite spoiled.

My parents are very outgoing, adventurous and hardworking individuals. They are accepting of everyone and the two most generous people I know. They raised my brother and me to work hard, be kind, be happy and, most importantly, to believe there is nothing we can't accomplish. I realize every day how lucky I am to have them.

DO YOU KNOW AN ALA MEMBER WHO SHOULD BE FEATURED IN THIS SECTION? If so, contact Amy Dvorak at advorak@alanet.org.
